

## **What are my payment options if you don't accept my insurance?**

### **File with your insurance as out-of-network**

If we don't accept your insurance you may submit a superbill/invoice to your insurance carrier for possible reimbursement. Please contact your insurance company directly to ask them about their mental health reimbursement policy for out-of-network therapists.

### **Private Pay**

Please discuss with your therapist the rates for both the initial session and sessions thereafter. Methods of payment include Visa, MasterCard, Discover, Checks and Cash. Please be aware that Drug and Alcohol Evaluations must be paid with credit/debit cards or cash; checks are not accepted.

### **Sliding Scale**

Reduced rates are available for the initial session and ongoing therapy to help only those individuals that need financial assistance. This is handled on a case by case basis. If you need the rate of therapy reduced please discuss this with your therapist.

Rate reductions do not apply to Drug & Alcohol Evaluations, however we can arrange payments if necessary. Final documentation is not released until payment is made in full.